



INDIANA STATE UNIVERSITY

# FREE PHYSICAL THERAPY HEALTH SCREEN

For Individuals 50+ Years of Age

**SATURDAY APRIL 10TH**

**8 AM - 4 PM**

**ISU PHYSICAL THERAPY & SPORTS  
REHABILITATION CLINIC**

ALL COVID-19 PRECAUTIONS WILL BE MAINTAINED

# TAKE CARE OF YOUR HEALTH

**Analysis completed by ISU Doctor of  
Physical Therapy Graduate students  
and licensed Physical Therapists**

**ANALYSIS OF:**

Balance  
Gait  
Fall Risk  
Cardiovascular Fitness  
Flexibility  
Posture

All participants will receive a personalized  
home exercise program!



**SCAN CODE ABOVE FOR MORE INFORMATION OR  
TO SCHEDULE AN APPOINTMENT**

**OR**

**CALL US AT (630)-401-9146**

**EMAIL VSAHAGUN@SYCAMORES.INDSTATE.EDU**