

# Join Today!

navigate<sup>o</sup>

Wellbeing Solutions



## STEP 1: REGISTER & COMPLETE THE SURVEY

- Go to:  
[unionhealth.livehealthyignite.com/users/sign\\_in](http://unionhealth.livehealthyignite.com/users/sign_in)

- Choose **“JOIN NOW”**
- Enter the Group Code

**ISU**

- Verify your eligibility
- Follow instructions to set up your profile.

**You made it!**

- Complete your Wellness/Wellbeing Survey
- View your biometric results.

## STEP 2: 2020 SCREENING INFORMATION:

**NOTE: This Fall, on campus screenings will not be offered.**

- If you completed a screening in 2019, the discount you earned for 2020 will continue in 2021 when you complete the Wellbeing Survey on Navigate Portal.
- If you did not complete a screening in 2019 and would like to earn wellness discounts for 2021, complete the survey and complete an off-campus screening.
- Go to the **PROGRAM OVERVIEW** page of the Navigate portal for more information.

## STEP 3: VIEW RESULTS AND WELLNESS CHALLENGES

- After your survey and the optional biometric assessment are complete, your health results will be ready to view on the new Navigate portal.
- Now you can join Challenges and explore new unique resources that inspire overall health!
- Have fun!**

BROUGHT TO YOU BY YOUR PARTNERS IN HEALTH:

**UNION  
HEALTH**

Healthier, together.

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