

**OLLI**  
Indiana State University

## **WEDNESDAY PRESENTATION**

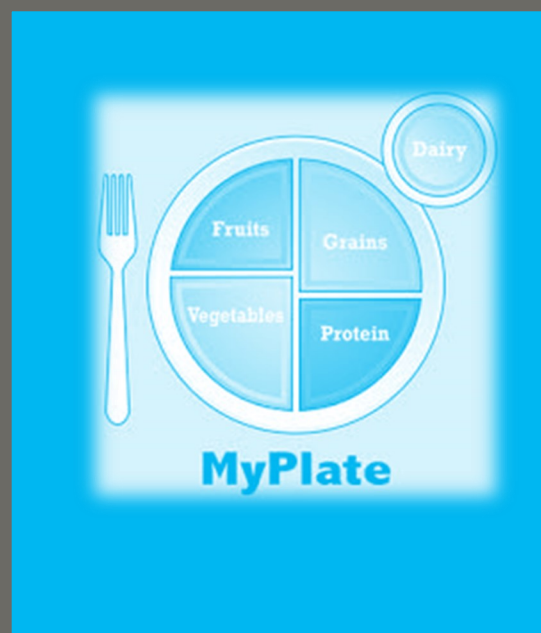
Wednesday  
**October 23**

1:30 p.m.  
Cunningham Memorial  
**Library**  
Event Center

## **LET'S TALK NUTRITION**

Registered Dietitian Nutritionist from Horizon Health, Eva Kirchner, discusses healthy aging and nutrition, and she presents various tips and tricks for healthy eating. Eva is part of a comprehensive team that offers nutrition counseling on an outpatient basis to help patients meet their health goals.

**EVA KIRCHNER**  
**HORIZON HEALTH**



Eva Kirchner is a full-time outpatient dietitian with Horizon Health. Eva is part of a comprehensive team that provides nutrition counseling on an outpatient basis to help patients meet their health goals. Born and raised in Charleston, Illinois, Eva is a Graduate of the University of Illinois in Urbana-Champaign where she received a Bachelor of Science in Food Science and Human Nutrition with a Concentration in Dietetics and a Master of Science in Human Nutrition.

The Osher Lifelong Learning Institute is a forum for adults of all academic backgrounds to learn about a wide variety of interesting and engaging topics.

[Indstate.edu/community-engagement/olli](http://Indstate.edu/community-engagement/olli)